

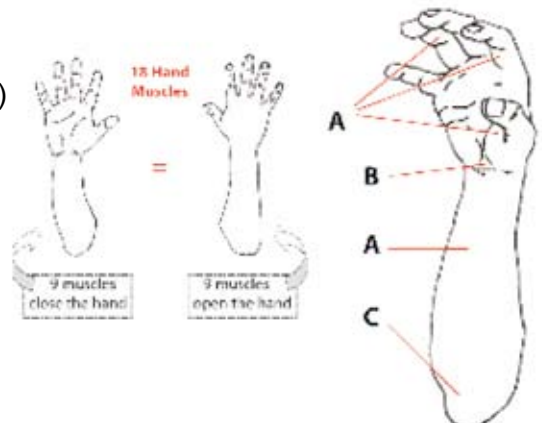
## Handmaster Plus™

‘All-in-One’ Hand Exercise Solution  
Hand, wrist and forearm strengthener



### Characteristics


<p>Function</p>	<p>The Handmaster Plus™ strengthens the 9 muscles that close the hand as well as the 9 muscles that open the hand.</p> <p>The result is maximum strength, balance and blood flow to the hand, wrist and elbow.</p>
<p>Application</p>	<p>When the 9 muscles that close the hand become dominant due to repetitive grasping and gripping, hand, muscle imbalance exists, resulting in:</p> <p><u>A - Shortened flexor muscles:</u></p> <ul style="list-style-type: none"> <li>• Contracture,</li> <li>• Repetitive stress injury (RSI)</li> <li>• Weakness</li> <li>• Tendonitis</li> </ul> <p><u>B - Carpal tunnel collapse:</u></p> <ul style="list-style-type: none"> <li>• Carpal tunnel syndrome</li> </ul> <p><u>C - Elbow imbalance:</u></p> <ul style="list-style-type: none"> <li>• Tennis elbow</li> <li>• Golfer’s elbow</li> </ul>



### Technical specifications

<p>Productgroup</p>	<p>Hand Therapy Products</p>
<p>Composition</p>	<p>Foam ball with elastic rubber cords</p>
<h3>Storage conditions</h3>	
<p>Duration of storage</p>	<p>Valid for 3 years from date of manufacture</p>
<p>Storage</p>	<p>Store in cool, dry place, avoid excessive heat (40° C.)</p>

## Product overview

Picture	Art.Nr	Color	Resistance	Package	Weight Package	Dimensions L x W x H
	1513	Purple Ball / Yellow Cord	Soft	1 piece / blister pack	0,09 kg	8 x 17,5 x 8 cm
	1514	Red Ball / Black Cord	Medium	1 piece / blister pack	0,09 kg	8 x 17,5 x 8 cm
	1515	Orange Ball / Gray Cord	Firm	1 piece / blister pack	0,09 kg	8 x 17,5 x 8 cm


## Application

### Safety Precautions

Use the Handmaster Plus™ only after consulting a trained licensed healthcare professional.

## Exercises



Special items	
Customs code	9021.9090
Country of origin	China MSD Europe is the authorised European Representative.
	This product has been manufactured according to CE-mark regulations.
Revision number	PI-Handmaster Plus™ (04.2008)
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